



APOSTLES of the HOLY SPIRIT

Bulletin

Spring 2018

**COME HOLY SPIRIT
HELP ME TO
RESPECT LIFE**

TO TREASURE ALL LIFE

**Help me to, Console the sick,
To support the handicapped,
To comfort the lonely,
To respect the aged,
To sustain the poor and
to protect the unborn.**

**Come Holy Spirit
Show me the way**

CONSOLE THE SICK

Forgive me, Father, when I do not choose to think about...to look upon the sick. In their sightless eyes...in bodies ravaged by disease...in withered hands and feet...in people side by side in clinics...in people held together by the common bond of pain, let me see you. Let me see myself, my loved ones. Keep the faces and the needs of all the sick before my eyes so that I cannot forget...will not forget that I must help them in your name.

Amen.

**COME HOLY SPIRIT
SHOW ME THE WAY**

**SUPPORT
THE HANDICAPPED**

Today, Father, help me to understand better...to appreciate more the gift...the blessing of health of mind and body. Bless those who alone, face life with some mental, emotional or physical handicap. In the vastness of your mercy and goodness, support them in their difficulties and through my prayers lighten the crosses they carry in the example of your Son. Thank you for their place in this world, Father, for through their faith, their courage they teach me more about your love than I could understand alone.

Amen.

**COME HOLY SPIRIT
SHOW ME THE WAY**

COMFORT THE LONELY

You are not an easy God to follow, Father. Why won't you let me put aside the thought of people life seems to have forgotten... to have filed away as unimportant, as valueless? The people whose days and nights are lived alone in furnished rooms, in apartments, in homes where they seem walled off from time, from life, from love? Why won't you let me forget them? Is it because you want me to do what I can to bring some happiness to them in whatever way I can? Of course, that is the answer. No, God you are not an easy God to follow and for that I am grateful.

Amen.

**COME HOLY SPIRIT
SHOW ME THE WAY**

RESPECT THE AGED

I want to live, Father, and yet I do not look forward to that day when I will be looked upon as old...to that day when I must give myself over to others...to others' priorities, to others' values, to others' lives. I do not wish this for myself, so I ask you to make me sensitive, responsive to those whose lives are no longer their own. Make me interested in them, in their problems, in their concerns, in their needs, in their hopes. Help me to open my life to give them a sense of value, of belonging, of counting as they surely do to you.

Amen.

**COME HOLY SPIRIT
SHOW ME THE WAY**

SUSTAIN THE POOR

God, I want to do what I can, what I should, what I must to help the poor...to diminish the crippling impact that poverty has on the lives of so many men, women, and children the world over. Make me determined to commit myself, my energies to make the poor and their needs a part of my life. Give me the courage to sacrifice for them generously and consistently. Remind me, Lord. Don't let me forget. Don't take any excuses. If I drag my feet, get after me.

Amen.

**COME HOLY SPIRIT
SHOW ME THE WAY**

**PROTECT
THE UNBORN**

Thank you, Father, for the gift of life. Thank you for the beauty of the day...for the quiet of the night...for sunshine...for rain...for the seasons...for happiness...even for sorrows that I do not understand. But most of all, Father, I thank you for people...for people in whom and through whom I see you, know you and love you. Hear this prayer to assure life for the unborn so that they too may one day share the happiness of life and goodness of your love.

Amen.

**COME HOLY SPIRIT
SHOW ME THE WAY**

RESPECT FOR HUMAN LIFE

2258 “Human life is sacred because from its beginning it involves the creative action of God and it remains forever in a special relationship with the creator, who is its sole end. God alone is the Lord of life from its beginning until its end: no one can under any circumstance claim for himself the right directly to destroy an innocent human being.”⁵⁶

2260 The covenant between God and mankind is interwoven with reminders of God’s gift of human life and man’s murderous violence: For your lifeblood I will surely require a reckoning....

Whoever sheds the blood of man, by man shall his blood be shed; for God made man in his own image.⁵⁹

The Fifth Commandment

You shall not kill.⁵⁴

You have heard that it was said to the men of old, “You shall not kill: and whoever kills shall be liable to judgement.” But I say to you that everyone who is angry with his brother shall be liable to judgement.⁵⁵

54 Ex 20:13;cf. Deut 5:17.

55 Mt 5:21-22.

56 CDF, instruction, Donum vitae, intro.5.

59 Gen 9:5-6.

ABORTION

2270 Human life must be respected and protected absolutely from the moment of conception. From the first moment of his existence, a human being must be recognized as having the rights of a person - among which is the inviolable right of every innocent being to life.⁷¹

Before I formed you in the womb I knew you, and before you were born I consecrated you.⁷²

2271 Since the first century the Church has affirmed the moral evil of every procured abortion. This teaching has not changed and remains unchangeable. Direct abortion, that is to say, abortion willed either as an end or a means, is gravely contrary to the moral law:

You shall not kill the embryo by abortion and shall not cause the newborn to perish.⁷⁴

God, the Lord of life, has entrusted to men the noble mission of safeguarding life, and men must carry

it out in a manner worthy of themselves. Life must be protected with the utmost care from the moment of conception: abortion and infanticide are abominable crimes.⁷⁵

71 Cf.CDF, Donum vitae I, 1.

72 Jer 1:5; cf. Job 10:8-12; Ps 22:10-11.

74 Didache 2, 2: Sch 248, 148; cf. Ep. Barnabae 19, 5: PG 2, 777; Ad Diognetum 5, 6: PG 2, 1173;

Tertullian, Apol. 9: PL 1, 319-320.

75 GS 51 S 3.

Any country that accepts Abortion is not teaching people to love, but to use violence to get what they want. That’s why the greatest destroyer of peace is abortion.

St. Mother Teresa (1910-1997)

THE MORAL LAW

1950 The moral law is the work of divine Wisdom. Its biblical meaning can be defined as fatherly instruction, God’s pedagogy. It prescribes for man the ways, the rules of conduct that lead to the promised beatitude; it proscribes the ways of evil which turn him away from God and his love. It is at once firm in its precepts and, in its promises, worthy of love.

1951 Law is a rule of conduct enacted by competent authority for the sake of the common good. The moral law presupposes the rational order, established by reason as a participation in the providence of the living God, Creator and redeemer of all. “Such an ordinance of reason is what one calls law.”²

1952 There are different expressions of the moral law, all of them interrelated: eternal law - the source, in God, of all law; natural law; revealed law, comprising the Old law and the New Law, or Law of the Gospel; finally, civil and ecclesiastical laws.

1953 The moral law finds its fullness and its unity in Christ. Jesus Christ is in person the way of perfection. He is the end of the law, for only he teaches and bestows the justice of God: “For Christ is the end of the law, that everyone who has faith may be justified.”⁴ Rom 10:4
2 Leo XIII, Libertas praestantissimum: AAS 20 (1887/88), 597; cf.St.Thomas Aquinas, STh I-II, 90,1. 4 Rom 10:4



Prayers to the Holy Spirit

As has so often been the case in the great moral crises of civilization prayer will be the most effective factor of all in persuading others to...

Respect Life TREASURE ALL LIFE

Some theories, Father, propose that there are too many people in our world today...that the earth cannot sustain us... that we will not be able to feed ourselves and others...that there will not be decent places for people to live. I believe that there are answers to these problems that we can learn from you, Father.

Give wisdom to those entrusted with the future of our lives...our children's lives...our world, Help them to understand the value of a human life, lead them to answers, to solutions that will enable mankind to forge a future grounded in hope, in faith and in love, a future that will lead people everywhere to a better life through which to thank you for the gift of life. Amen.

COME HOLY SPIRIT SHOW ME THE WAY

This prayer should be said slowly pausing from time to time to allow the prayer to sink into our heart.

Dearest Jesus, teach me to be generous; teach me to love and serve you as you deserve; to give and not to count the cost; to fight and not to heed the wounds; to toil and not to seek for rest; to labour and to look for no reward; save that of knowing that I do your holy will.

(Saint Ignatius)

COME HOLY SPIRIT HELP US TO PRAY FROM OUR HEART

A BLESSING FOR THE SICK

Lord Jesus, when you were on earth, they brought the sick to you and you healed them all. Today we ask you to bless all those in sickness, in weakness and in pain; those who are blind and who cannot see the light of the sun, the beauty of the world, or the faces of their friends; those who are deaf and cannot hear the voices which speak to them; those who are helpless and who must lie in bed while others go out and in. **Bless all such.** Those whose minds have lost their reason; those who are so nervous that they cannot cope with life; those who worry about everything.

Bless all such. Those who must face life under some handicap; those whose weakness means that they must always be careful; those who are lame and maimed and cannot enter into any of the strenuous activities or pleasures of life. **Bless all such.** Grant that we in our health and our strength may never find those who are weak and handicapped a nuisance, but grant that we may always do and give all that we can to help them, and to make life easier for them.

William Barclay

FOR THOSE WHO NURSE THE SICK

Lord, I thank you that in your love you have taken from me all earthly riches, and that you now clothe and feed me through kindness of others. Lord, I thank you, that since you have taken from me the sight of my eyes, you serve me now with the eyes of others.

Lord, I thank you that since you have taken away the power of my hands and my heart, you serve me by the hands and hearts of others. Lord, I pray for them. Reward them for it in your heavenly love, that they may faithfully serve and please you till they reach a happy end.

Saint Mechtilde

FOR THE POOR

Make us worthy, Lord, to serve those people throughout the world who live and die in poverty and hunger. Give them through our hands, this day, their daily bread, and by our understanding love, give them peace and joy. *(St. Mother Teresa of Calcutta)*

GOD'S PRESENCE IN SUFFERING

Father, you do not protect us against catastrophes but in them you come to our aid. It is in the very midst of the tempest and misfortune that a wonderful zone of peace, serenity and joy bursts in us if we dwell in your grace. You do not help us before we have helped ourselves, but when we are at the end of our resources you manifest yourself, and we begin to know that you have been there all the time.

Louis Evely

FAILING HEALTH AND OLD AGE

When the signs of age begin to mark my body and still more when they touch my mind; when the illness that is to diminish me or carry me off strikes from without or is born within me; when the painful moment comes in which I suddenly awaken to the fact that I am ill or growing old; in all those dark moments, O God, grant that I may understand that it is you, provided only my faith is strong enough, who are painfully parting the fibres of my being in order to penetrate to the very marrow of my substance and bear me away within yourself.

Teilhard de Chardin

FOR THE ADDICTED

God of mercy, we bless you in the name of your Son, Jesus Christ, who ministered to all who came to him. Give your strength to (name of the person), one of your children, enfold him/her in your love and restore him/her to the freedom of God's children.

Lord, look with compassion on all those who have lost their health and freedom. Restore to them the assurance of your unfailing mercy, strengthen them in the work of recovery, and help them to resist all temptation.

To those who care for them, grant patience and understanding and a love that perseveres. We ask this through Christ our Lord. Amen.

PRAYER FOR THE HELPLESS UNBORN

Heavenly Father, in Your love for us, protect against the wickedness of the devil, those helpless little ones to whom You have given the gift of life.

Touch with pity the hearts of those women pregnant in our world today who are not thinking of motherhood.

Help them to see that the child they carry is made in Your image - as well as theirs - made for eternal life.

Dispel their fear and selfishness and give them true womanly hearts to love their babies and give them birth and all the needed care that a mother alone can give.

We ask this through Jesus Christ, Your Son, Our Lord, Who lives and reigns with You and the Holy Spirit, one God, forever and ever.

Amen

OUR LADY OF GUADALUPE INTERCESSOR OF THE UNBORN

To help stop the anti-life push in the U.S. the late Archbishop Fulton J. Sheen encouraged the spiritual adoption of an unborn child. This is done by praying that one particular, but unknown child's life, be spared abortion and be allowed to continue to live.

To help accomplish this, it was recommended, an individual say the following daily prayer for a period of one year.

“Jesus, Mary and Joseph, I love you very much. I beg you to spare the life of the unborn baby that I have spiritually adopted who is in danger of abortion.”

During your earthly life this spiritually adopted child of yours will be known only to God but in the world to come it is hoped that you will meet the child whose life was spared by your prayers and spend eternal happiness with him.

6 Send us an e-mail at: apostles.holyspirit@fuse.net



Dear A.H.S..

I received the prayer cards/booklet that I requested from your office. I was very happy to receive all of them most especially the prayer to the Holy Spirit.

I wanted to share a little story behind this prayer card. Back in 2001 I failed the board exam for Physical Therapy and I was very sad since I never ever failed anything in my academic years. I was not a straight A student or conscious about having high grades but good enough without doing my best. Around that time, my father had this Prayer for the Holy Spirit in his office and told me he said the prayer every morning before working and he was giving it to me. Since then, every morning I pray the Holy Spirit Prayer. After a few months, I decided to make a photocopy for myself and returned the original one to my father. Three months after I failed the board exam I took it again and behold, I topped the board exam. Out of 5,000+ takers only the top 25% usually make it and I was top 13 of those who passed the exam. I was very happy and my parents were very happy. This was back in the Philippines.

In 2006 I passed the US board exam and started working in NJ as a Physical therapist. Around 2008, I had a troubled relationship. After weighing all circumstances, I still didn't know how to proceed with my life. I felt I was stuck in the middle of a forked road, didn't know which way to go whether to the left or right. I prayed for discernment and asked God for a sign (which I haven't done before nor really believe in it). I told God that when I see that sign I would know which road to take. The sign I asked for was the sign of the Holy Spirit, a white dove or bird, it has to be a live bird and flying which for me denotes freedom, freeing myself out of this relationship. After 9 months since I asked God for the sign I was still stuck in the relationship with more sadness/crying spells that eventually led to depression and I still didn't know what to do. But on this particular Saturday morning in January, I was in an intersection waiting for the light to turn green. Across the street I saw a tree without leaves with lots of white birds sitting on a branch and they went flying. Suddenly, I felt an instant relief inside my chest as if a heavy load was lifted. I said to myself, this is it! This is the answer I have been waiting for all these months. The next day we went to church together and throughout the mass I

was holding back my tears because all the messages from all the readings, gospel, and homily were addressed to me by God. Confirming to me what I saw and what I should do. After the mass, in the parking lot I had made the decision to break up with him for good. After we broke up, he kept calling and calling but I just let it go through my voice mail and eventually he got tired and stopped. A year after we broke up, he called again and left a message that he was coming to my apartment to deliver a Christmas gift (He lives in NY by the way) but the day he called was the day my new boyfriend proposed and I said YES! Now he is my very loving, most caring husband of almost 3 years and we are expecting our first baby this May. I am glad I was patient and took time to listen to the voice of the Holy Spirit.

Another encounter, about a year or two ago, I had a 50+ year-old patient that has a tattoo of the Holy Spirit represented by a Dove on her wrist, so I told her about the significance of the Holy Spirit in my life and the prayer card that my dad gave me. Not knowing she was thinking for days to ask me for a copy of the Prayer for the Holy Spirit and at the same time I was thinking for days to give her a copy of the prayer card. So finally, I told her that I was planning to give her a copy if she would like one and she told me she was just planning to ask me for a copy also. What a coincidence or should I say God's plan. Another therapist asked me for a copy of the card as well, after I told him the story with my patient. It did not dawn on me until a few days ago to search on the internet on how I would be able to get a copy of this Holy Spirit prayer card since mine was just a photocopy. Amazingly enough, I was able to find Apostles of the Holy Spirit in Cincinnati, Ohio who had the copy of the prayer for the Holy Spirit and a few others. I am soooooo excited like a kid in a candy store! I ordered 10 of those, I also got Novena to the Holy Spirit, Listening to the Holy Spirit, and To all children meet the Holy Spirit. I am glad they also included a copy of the bulletin which was a joy to read. Now, I gave one to my husband and I am planning to give the rest to my family and friends.

The Holy Spirit has been a strong part of my life ever since my father gave me that prayer card. He passed a year ago at 62 years old from a massive heart attack. God Bless his soul!

Sincerely,
ECS
Marlton, New Jersey

Prayer for Faith

My Jesus, how often I feel very small and inadequate before great tasks and responsibilities. What can I do but bring all that I have, even though it isn't much, and place all this in Your hands, wait for Your blessing, breaking, thanking and receive back again with amazing power to reach all who depend on me, fill them with goodness and still have more than what I started with. May I never hold back my gifts from You. May I believe that Your blessing multiplies my smallest gifts to maximum powers. May I rejoice that You return the task to me and I have the personal thrill of seeing many satisfied by my ministrations. I adore Your wisdom, Your power, Your sharing. *Amen.*

-Father Gerald Keefe



Prayer for Our Times

In a selfish world that seeks to destroy You, O Lord, and in a world mounted with false gods and pyramids of pleasure, we seek You, O Lord, with a loving and sincere heart.

In a listless world that has lost its divine beat and pulsates erratically with hate, envy, jealousy, greed, and every type of crime, we listen for the comforting words You uttered to a little girl when You took her by the hand and said: "Telitha Koum" – Little girl rise.

In a faithless world, we strive to touch the hem of Your garment and our reach is not long enough, it seems, and our courage is hardly reflective of Your undying loyalty and love for us.

In a blind world we search the walls and wells of time, for at least some small penetrating light to restore our faith in You, O Lord and to leave all things directed to Almighty God.

In a musty and ill-smelling world sunken very low in the foul odors of the flesh pots of our sexually crazed society, we look to You, O Lord, for relief from the swamp of filth and corruption to make our taste and smell wholly responsive to the Divine Banquet and the Last Supper in reparation for our sins and the sins of others. The Last Supper became the beginning of

our frequent covenant with You, O Lord, in the beginning of our frequent covenant with You, O Lord, in the incensation of the oblation by the angels themselves and in the Divine-Human harmony.

In a deaf, indifferent, and unconcerned world, O Lord, grant us the hearing of the Holy Word and never close the Holy Words to us. We hope to share in Your life, in Your Peace, in Your Justice that we remain always in perfect accord with You. May the deep springs of grace issue forth the gifts and the fruits of the Holy Spirit so that we too may be filled with Divine Love and with Divine Compassion. We ask this through Our Lord Jesus Christ, who dwells in eternity with the Father and the Holy Spirit as one God, now and forever. *Amen.*

-Rev. Francis A. Wisniewski, C.S.V.



Prayer for the Sick

Dear Jesus, Divine Physician and Healer of the Sick, we turn to You in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with Your gentle love, and grant us the grace and strength to accept this burden.

Dear God, we place our worries in Your hands. We place our sick under Your care and humbly ask that You restore Your servant to health again.

Above all, grant us the grace to acknowledge Your holy will and know that whatsoever You do, You do for the love of us. *Amen.*



Watch Thou, O Lord, with those who wake, or watch, or weep tonight, and give Thine angels charge over those who sleep.

Tend Thy sick ones, O Lord Christ.

Rest Thy weary ones.

Bless Thy dying ones.

Soothe Thy suffering ones.

Pity Thine afflicted ones.

Shield Thy joyous ones.

And all for Thy love's sake. *Amen.*

-St. Augustine



Prayer to the Holy Spirit

Come Holy Spirit, fill my heart with
Your holy gifts.

Let my weakness be penetrated with
Your strength this very day that I may
fulfill all the duties of my state
conscientiously, that I may do what is
right and just.

Let my charity be such as to offend no
one, and hurt no one's feelings; so
generous as to pardon sincerely any
wrong done to me.

Assist me, O Holy Spirit, in all my trials
of life, enlighten me in my ignorance,
advise me in my doubts, strengthen
me in my weakness, help me in all my
needs, protect me in temptations and
console me in afflictions.

Graciously hear me, O Holy Spirit, and
pour Your light into my heart, my soul,
and my mind.

Assist me to live a holy life and to
grow in goodness and grace. *Amen.*

The Beatitudes

Blessed are the poor in spirit,
For theirs is the kingdom of heaven.

Blessed are those who mourn,
For they shall be comforted.

Blessed are the meek,
For they shall possess the earth.

Blessed are they who hunger and thirst
for justice, for they shall be satisfied.

Blessed are the merciful,
For they shall obtain mercy.

Blessed are the clean of heart,
For they shall see God.

Blessed are the peacemakers,
For they shall be called children of God.

Blessed are they who suffer persecution
for justice's sake,
For theirs is the kingdom of heaven.

Blessed are you when men reproach
you, and persecute you, and speaking
falsely, say all manner of evil against
you, for My sake.



Salutation To The Blessed Virgin Mary

Hail, holy Lady,
Most holy Queen,
Mary, Mother of God,
Ever Virgin;
Chosen by the most holy Father in heaven,
Consecrated by Him,
With His most holy beloved Son
And the Holy Spirit, the comforter.
On you descended and in you still remains
All the fullness of grace
And every good.

Hail, His palace.
Hail, His tabernacle
Hail, His robe.
Hail, His handmaid.
Hail, His Mother.
And hail, all holy virtues,
Who by the grace and inspiration of the
Holy Spirit
Are poured into the hearts of the faithful
So that, faithless no longer,
They may be made faithful servants of
God through you.

-St. Francis of Assisi

Hail Holy Queen

Hail, holy Queen, Mother of mercy, our life,
our sweetness and our hope. To you do we
cry, poor banished children of Eve, To you
do we send up our sighs, mourning and
weeping in this vale of tears. Turn, then,
most gracious advocate, your eyes of
mercy toward us; after this our exile, show
unto us the blessed fruit of your womb,
Jesus. O clement, O loving, O sweet Virgin
Mary. Pray for us, O holy Mother of God,
that we may be made worthy of the
promises of Christ.



Almighty and everlasting God, who by the
cooperation of the Holy Spirit prepared the
body and soul of the glorious Virgin-Mother
Mary to be a fit dwelling for your Son, grant
that we who rejoice in her memory may be
freed by her kindly prayers both from
present ills and from eternal death; through
the same Christ our Lord. *Amen.*



The Scapular of Our Lady of Mount Carmel

When Mary appeared to three shepherd children in the final apparition at Fatima, Portugal on October 13, 1917, she was clad in brown as “Our Lady of Mt. Carmel,” and held a Carmelite Scapular in her hand. Let us ever hear her message of repentance, and join her in prayer for repentance purity, peace, and mercy in the world, and the Triumph of her Immaculate Heart.

O BEAUTIFUL FLOWER OF CARMEL, most fruitful vine, splendor of heaven, holy and singular, who brought forth the Son of God, still ever remaining a pure virgin, assist us in our necessity! O Star of the Sea, help and protect us! Show us that you are our Mother!

(Pause and mention petitions.)

Our Father, Hail Mary, Glory, etc.

Our Lady of Mount Carmel, pray for us.

With loving provident care, O Mother Most Admirable, you covered us with your Scapular as a shield of defense against the Evil One. Through your assistance, may we bravely struggle against the powers of evil, always open to your Son Jesus Christ.

(Pause and mention petitions.)

Our Father, Hail Mary, Glory, etc.

Our Lady of Mount Carmel, pray for us.

O Mary, Help of Christians, you assured us that wearing your Scapular worthily would keep us safe from harm. Protect us both in the body and soul with your continual aid. May all that we do be pleasing to your Son and to you.

(Pause and mention petitions.)

Our Father, Hail Mary, Glory, etc.

Our Lady of Mount Carmel, pray for us.

You give us hope, O Mother of Mercy, that through your Scapular promise we might quickly pass through the fires of purgatory to the Kingdom of your Son. Be our comfort and our hope, grant that our hope may not be in vain but that, ever faithful to your Son and to you, we may speedily enjoy after death the blessed company of Jesus and the saints.

(Pause and mention petitions.)

Our Father, Hail Mary, Glory, etc.

Our Lady of Mount Carmel, pray for us.

10 ST. JOSEPH GIVE US PEACE IN OUR FAMILIES



CONSECRATION TO ST. JOSEPH

O, my beloved St. Joseph, adopt me as thy child, take care of my salvation, watch over me day and night, preserve me from the occasion of sin, obtain for me purity of soul and body! Through thy intercession with Jesus grant me a spirit of sacrifice, of humility and self-denial, a burning love for Jesus in the Blessed Sacrament, and a sweet tender love for Mary, my Mother. St. Joseph, be with me living, be with me dying and obtain for me a favorable judgment from Jesus, my merciful Savior. Amen.

Let Us Pray.

O GOD, Who by Thine ineffable Providence didst vouchsafe to choose St. Joseph to be the spouse of Thy most holy Mother, grant, we beseech Thee, that he whom we venerate as our protector on earth may be our intercessor in Heaven, Who livest and reignest forever and ever. Amen.

MEMORARE OF SAINT JOSEPH

REMBER, O most illustrious Patriarch St. Joseph, on the testimony of St. Teresa, thy devoted client, never has it been heard that anyone who invoked thy protection or sought thy mediation has not obtained relief. In this confidence I come before thee, my loving protector, chaste spouse of Mary, foster-father of the Saviour of men and dispenser of the treasures of His Sacred Heart. Despise not my earnest prayer, but graciously hear and obtain my petition...*(Here mention your request.)*

PRAYER TO ST. JOSEPH

(Ad te Beate Joseph – prayer of Pope Leo XIII)

To thee, O blessed Joseph, do we have recourse in our tribulation, and, having implored the help of thy thrice holy Spouse, we confidently invoke thy patronage also. By that charity wherewith thou wast united to the immaculate Virgin Mother of God, and by that fatherly affection with which thou didst embrace the Child Jesus, we beseech thee and we humbly pray, that thou wouldst look graciously upon the inheritance which Jesus Christ hath purchased by His Blood, and assist us in our needs by thy power and strength.

Most watchful guardian of the Holy Family, protect the chosen people of Jesus Christ; keep far from us, most loving father, all blight of error and corruption: mercifully assist us from Heaven, most mighty defender, in this our conflict with the powers of darkness; and, even as of old thou didst rescue the Child Jesus from the supreme peril of his life, so now defend God's Holy Church from the snares of the enemy and from all adversity; keep us one and all under thy continual protection, that we may be supported by thine example and thine assistance, may be enabled to lead a holy life, die a happy death and come at last to the possession of everlasting blessedness in heaven. Amen.

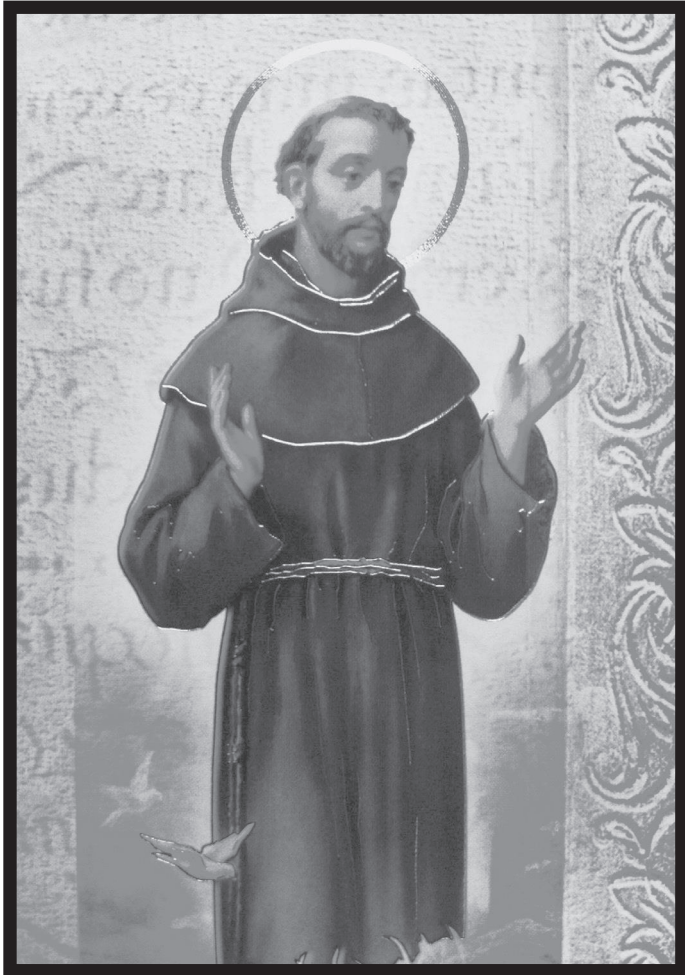
A partial indulgence is attached to this prayer

“To

Other Saints

Our Lord seems to have given power to succor us in some special necessity- but to this glorious Saint, I know by experience. He has given the power to help us in all. Our Lord would have us understand that as He was subject to St. Joseph on earth-for St. Joseph, bearing the title of father and being His guardian, could command Him-so now in Heaven Our Lord grants all his petitions, I have asked others to recommend themselves to St. Joseph, and they, too, know the same thing by experience...”

St. Teresa of Avila



ST. FRANCIS OF ASSISI

St. Francis, the son of a merchant of Assisi, was born in that city A.D. 1182. Chosen by God to be a living manifestation to the world of Christ's poor and suffering life on earth, he was inspired early on with a high esteem and burning love of poverty and humiliation.

The thought of the Man of Sorrows, who had nowhere to lay His head, filled him with holy envy of the poor, and forced him to renounce the wealthy and worldly position which he disliked. The scorn he met with from his father and townsmen when he appeared among them in the clothes of poverty was delightful to him.

"Now", he exclaimed, "I can say truly, Our Father Who art in heaven; But divine love burned in him so much, his example burned in others hearts. Many joined him, and were constituted by Pope Innocent III, into a religious Order, which spread rapidly throughout Christendom. St. Fran-

cis, after visiting the East in the vain quest of martyrdom, spent his life like his Divine Master in preaching to the people amid desert solitudes in fasting and contemplation.

During one of these retreats he received on his hands, feet, and side the print of the five bleeding wounds of Jesus. With the cry, "Welcome, sister Death." He passed to the glory of his God October 4, 1226.

- Feast Day: October 4
- Name Meaning: "Frenchman"
- Patron Saint of: Animals, Ecology, Merchants, Environment.

A PRAYER OF SAINT FRANCIS OF ASSISI

*Lord, make me an
instrument of Your peace.
Where there is hatred,
let me sow love.*

*Where there is injury, pardon,
Where there is doubt, faith,
Where there is despair, hope,
Where there is darkness, light,
and where there is sadness, joy.*

*O Divine Master,
grant that I may not so
much seek to be consoled,
as to console;*

*To be understood,
as to understand;*

To be loved, as to love;

*For it is in giving
that we receive.*

*It is in pardoning that
we are pardoned;
And it is in dying that
we are born to eternal life.*

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FRONT



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3-1/4" x 6"**



BACK

**MAY MY HEART
BE OPEN AND MY
PRAYER BE ALWAYS,**

"COME, HOLY SPIRIT"

Holy Spirit,
my Light, my Life, my Love, my Strength,
be with me now, and always:
in all my doubts, anxieties and trials,
Come, Holy Spirit;
in hours of loneliness, weariness and grief,
Come, Holy Spirit;
in failure, in loss and in disappointment,
Come, Holy Spirit;
when others fail me, when I fail myself,
Come, Holy Spirit;
when I am ill, unable to work, depressed,
Come, Holy Spirit;
now, and forever, and in all things,

"COME, HOLY SPIRIT"

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Imprimatur: Most Reverend Carl K Moeddel,
Vicar General and Auxiliary Bishop of Cincinnati
April 29, 1998

**OUR FUTURE HOPE IS THE TRUTH OF THE PAST
"COME, HOLY SPIRIT"**